

GREENWOOD PUBLIC SCHOOL

2020-2021

CLASS – II

EVS LESSON NOTES

CHAPTER -1

ABOUT ME

Complete the given sentences about yourself:

1. My name is _____
2. I am a _____ (girl / boy)
3. I am in class _____
4. I live in _____ (name of the town or city)
5. I am _____
6. My hair is _____ (black / brown)
7. The colour I like most is _____
8. The game I like most is _____

Paste a photograph of yourself as a baby and one taken recently.

<p>ME AS A BABY</p>	<p>ME NOW</p>
---------------------	---------------

CHAPTER -2

HOW MY BODY WORKS

New Words :

1. Brain
2. Lungs
3. Breathe
4. Heart
5. Stomach
6. Digestion
7. Control
8. Sense organs
9. Internal organs
10. External organs

Define the terms :

1. Brain - The brain is inside the head. It controls all the sense organs and the way we think.
2. Lungs – It helps our body to use the air that we breathe in through the nose.
3. Heart – It pumps blood to all parts of the body.
4. Digestion – The breaking down of food is called digestion.
5. Bones – They support the body structurally protect our vital organs.

Write one sentence for each of the following:

1. Head – Our head is the top most part of the body.
2. Heart – The heart is present in the left corner of the chest.
3. Lungs – The lungs help us to breathe in fresh air and breathe out impure air.
4. Brain – The brain is present in the head. We think and work with the help of brain.
5. Chest – The chest has heart and lungs inside it.
6. Stomach – The stomach takes in the food we eat.

Short Answers:

1. Name the sense organs of the body?

Ans – The eyes, ears, tongue, nose and skin are our sense organs.

2. Name the main parts of our body?

Ans - The main parts of our body are head, neck, chest, abdomen, arms and legs.